

2001 California Children's Healthy Eating and Exercise Practices Survey

Table 12: Belief about Personal Success Eating Enough Fruits and Vegetables (Phone Sample)

Do you think you eat the right amount of fruits and vegetables every day, too much, or do you think you should eat more?

	Belief, Percent of Children	
	Eat the Right Amount or Too Much	Need to Eat More
Total	36	64
Gender		
Males	36	64
Females	37	63
Ethnicity		
White	34	66
African American	35	65
Latino	38	62
Asian/Other	41	59
Income		
≤\$19,999	31	69
\$20,000 - \$49,999	40	60
≥\$50,000	34	66
Federal Poverty Level		
≤ 185%	32	68
> 185%	38	62
Food Stamps		
Yes	40	60
No	35	65
Overweight Status		
Not at Risk	35	65
At Risk/Overweight	39	61
Physical Activity		
≥60 minutes	34	66
<60 minutes	39	61
School Breakfast		
Yes	43	57
No	35	65
School Lunch		
Yes	35	65
No	39	61
Nutrition Lesson		
Yes	41	59
No	31	69
Exercise Lesson		
Yes	37	63
No	34	66

Excludes those reporting "not sure."

Rows may not add up to 100% due to rounding.

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